

October 2023

Welcome to autumn

September has been quite a month for local news and October looks to have plenty going on to fill the darker nights - so, pull up a chair and enjoy our autumnal read.



A superb aerial view of a rowing race in full flow. Image by Garry Mackay

Another Hugely Successful Rowing Regatta

Lindy Cameron writes:

The Cromarty Community Rowing Club's 2023 regatta took place on 23rd and 24th September, the culmination of weeks of preparation, practicing and planning! Not least by the town's young folk - in the run up to the day, our Youth Cafe members painted some stones with beautiful, welcoming and motivational messages to put in each club area. And on the Friday the entire Cromarty Primary School, and our Youth Rowers (HLH crew of Leaders) cleared and cleaned the beach to make it tip-top. Alex at the Port of Cromarty Firth gifted each child a pair of wellies, Moray Firth Coastal Partnership supplied

grabby sticks, and Max from Topcare provided gloves. And the beach was left pristine!

We had all been watching the weather apps with concern but in the end the clouds parted and winds died down to near flat calm for both days - the conditions for rowing could not have been better.

Eleven clubs took part in total with Cromarty, Avoch, Strathpeffer, Nairn, Findochty and Lossiemouth, plus Golspie, Ullapool, Skye & Lochalsh, Gairloch and finally Eastern from way down south in Portobello. We also had some expert umpiring help from our good friends from Broughty Ferry so it really was an all-Scotland event!

Some great racing ensued with Ullapool and Eastern chasing each other up the leader board, with Eastern prevailing in the end. But Cromarty did themselves proud, fielding teams with both seasoned racers and some newcomers to regatta rowing. We eventually secured third place overall with some cracking results, notably the 50s Men who rowed home to win the Gold medal! Plus there was a Silver for the 60s Women and Bronzes for the 50s Women, and for the Women's and Men's Opens too. And then there were our shining stars - our youth. Gold medal winners in the Under 16 Girls AND Boys' categories and Silver and Bronzes in the Under 14 Girls and Boys' respectively, with all our rowers in all categories doing brilliantly. In one race we had 8 young people out representing Cromarty, some as young as 12. It's great to see the fun they get from rowing - the future's looking strong! Well done to them, and to all the rowers who took part.

The two day event culminated with a "Fun" row, whereby 9 boats with mixed teams from different clubs set off from the West Beach, rowed out to Nigg to each pick up a "passenger" who was waiting for them on the beach there (the nine had been kindly ferried across by Dougie). They then had to row them back across the firth to the East Beach, whereby the passenger ran up to touch the Emigration Stone for the finishing point. This was a great fun end to a fine couple of days and the Strathpeffer boat was the ultimate winner.

On-shore activities were a great success too with a fantastic spread of food which was greatly complimented,

with plenty of delicious cakes too! We are very grateful to all at Aberdeen University Lighthouse Field Station for giving us the use of the old Buoy Store to base ourselves for all the catering activities. And to the Cromarty Boat Club for their use of their tower facilities for the campers and the Cromarty Harbour Trust for letting us take over the harbour area. Enormous thanks too goes to all those who shopped, prepared, cooked, made soup, baked, donated raffle prizes or helped on the stalls - whether food or the raffles, or merchandise, or who helped on the water - those in umpire boats, safety boats, or who laid courses, or those in the umpire tent or tower, or anywhere else. Whatever you did it truly contributed to the success of the event, and we very much appreciate it. Cromarty people, as ever, were gems in welcoming people, and all the businesses in the town were accommodating and kind. Thank you!



Karen Mackay, winner of the Goodie Trophy, coxing one of the youth teams.

Finally, a few years ago we were lucky to be gifted money from the family of Cromarty's own William "Goodie" Shepherd, so we decided to make a trophy and establish an annual prize for someone who we can see has given over and above to the running of our club. This year our winner was Karen Mackay who from a total novice became a cracking rower, then a great cox, then an empowering teacher, always a willing helper and a fantastic youth team trainer and cox. She was a committee member and club treasurer for three years, where she quietly and calmly applied her supreme organising skills to everything needed, and she brings fun to all our regattas and races. As someone commented: "Clubs like ours rely on people like her". She is a very worthy and

popular winner indeed and the club's congratulations and profound appreciation go to Karen.

Cromarty Youth Café - Award Winner

On Friday 1st September CYC were absolutely delighted to receive the award for **The Third Sector Organisation Of The Year** at the Highland Third Sector Annual Awards Ceremony at the Strathpeffer Pavilion,

Care and COMPASSION was talked about and how every single third sector volunteer/worker demonstrates this daily without even knowing they are doing so.

"The meaning of compassion is to recognise the suffering of others and then take action to help."

Although they don't seek gratitude, it's really lovely for those taking action to help to be recognised too.

So THANK YOU to HTSI for a wonderful evening. (And congratulations to CYC - Ed)



Representatives from the Youth Café with their award (l to r) Fraser Thomson, Kelsey Benjamin, Orlagh MacIver , Wanda Mackay , Loreta Vitola

plus...

Feel good Friday * with our Amazing and hard working pupils from Cromarty Primary school and our Youth Rowers - HLH crew of Leaders

We cleaned and cleared the beach 2 all waste must go, keep our Dolphins 3 safe Our avid little #Litterheroes / beach scouts scoured and cleared #respectforourbeach We now have a Beautiful Clean beach ready for our big Regatta tom Biggest Thanks 4 go to Alex and the Port of Cromarty Firth for gifting every single one of us Brand new Wellies 4 perfect for keeping all our feet dry Moray Firth Coastal Partnership who provided us with Grabby sticks and litter picker ups and bins and to Max from Topcare for all our Gloves 4 many hands 4 make light 9 work We had sun 4 not finally the most Lovely rainbow 6 with lots of Smiles 2



Development Trust

The Campsite has had its first month and is proving very popular. It was full at a recent weekend and we have bookings into future months.

Local residents are very welcome to continue to walk themselves and their dogs – it is your community campsite after all - and we now have a dog poo bin. The campers enjoy speaking to locals and finding out about our town and what it has to offer.

Following the terrible fire of a camper van parked beside the harbour, residents can be reassured that we have fire extinguishers and systems for raising the alarm at the community campsite.

The Royal Hotel public meeting on 18 Sept saw an astonishing nearly 100 people hear about WHY the Trust thinks we could develop a community buyout and HOW this could be done (there is a lot of funding available), then split into groups to discuss whether you think this is a good idea, whether we should progress it, what it could

be used for, and what are the key issues we need to be aware of while doing so. Sixty different possible uses were proposed!!!



The CCDT Board will discuss all of what you wrote, at its meeting on Monday (2 Oct), then we will come back to members and the wider community to prioritise the possible ideas and ideally different groups of members can then work up different parts of the project. It may all come to nothing of course, but it could become a big part of our town's future.

Other Projects are not forgotten. The Barn and the East Church Hall are still there. The CCDT Board are developing a Workplan, describing what are the Trust's priority Aims and Objectives; and we will need help from members to decide and agree what actual activities Board and Members do to achieve our goals. Otherwise things fall by the wayside, we try to do everything at the same time, and/or members have no idea what is going on.

Courthouse Update

At the beginning of September, we held another event to mark 250 years of the Courthouse. A "Live Literature" session was arranged for local primary schools, Cromarty and Resolis. With the support of the Scottish Book Trust, Barbara Henderson, a local author and drama teacher, was invited to spend a morning in the Courthouse. Her "Jacobites in Jeopardy" event for 36 P6 and P7 pupils (and quite a few supporting adults) uncovered stories of

crown and crime in Highland history. It was a dynamic session – lots of role play and props and the action moved between the courtroom and the museum garden – luckily the sun was shining.

Cromarty pupils stayed on to take part in a testing museum quiz, designed to take them round the whole museum and challenge their powers of observation as well as their reading skills. Everyone was up for the task and enjoyed the contest. We hope they will be back soon with renewed curiosity!



Cromarty pupils stayed on to take part in a testing museum quiz, designed to take them round the whole museum and challenge their powers of observation as well as their reading skills. Everyone was up for the task and enjoyed the contest. We hope they will be back soon with renewed curiosity!



We are also delighted to announce that the Courthouse has been awarded over £60,000 from the National Lottery Heritage Fund. This grant, together with the funding we received from Museums Galleries Scotland in July, will enable us to employ a full-time curator/manager for two years with the remit to drive community engagement to ensure long term sustainability and increased financial viability for the museum. We are currently recruiting; details of the post are here.

In the current economic climate competition for funding is becoming increasingly fierce so we feel it's a massive vote of confidence in the museum and in Cromarty itself. We look forward to this being the first steps of a dynamic development programme at the museum. As well as receiving external funding, the 2023 season overall has been very successful, with increased visitor numbers, sales and donations. We have had organised visits by schools and the Youth Café and we hope to see this expand with a programme of activities next year.

The museum will now remain open until Thursday 12 October (but not the weekend 7th & 8th Oct) from 12.00 until 16.00. We are also planning to open at weekends through until Christmas – look out for notices. So there's still time to stock up on local books, children's books, gifts and generally remind yourself what's on offer in our shop.

See you in court!



Cromarty Care Project

The Monday Lunch Club is back!



Cromarty Care Project is delighted to announce the return of Monday Lunch Club for the over-60s and this year the charge will be only £3! The first lunch will be on Monday 2nd October at the Fishertown Inn, Church Street. Please note the new time of 12.00 p.m.

Please book with the Fishertown Inn no later than the day before, on 01381 600988

The Lunch Club is supported by the Bank of Scotland Foundation, the Albert Hunt Trust and Making a Difference Locally.

The "Trikes" – Cromarty's Taxi At Your Service!

There is still the chance of fine weather to enjoy riding in style around Cromarty, before the Trikes are put to bed for the winter.

If you need help getting about, or would like to become a Trike Pilot, please contact Shirley on 01381 600451

Table Tennis

It's good to see numbers increasing at Table Tennis on Monday mornings, 10.30 – 12 noon at the Victoria Hall. It's a great opportunity to improve health and wellbeing and it's open to everyone, whatever your ability. All equipment supplied. Entry is free, donations are welcome. For more information, text Simon Evans 07717 172385

Community Playgroup

The Playgroup takes place weekly on Tuesdays during the school term. Parents and carers with their babies and toddlers are very welcome to join us at the Victoria Hall, 10 - 11.30 Charge: £1.50 per session.

Caledonian Canal Cruise



The final Canal Cruise of the season took place on 18th September. A small group of Cromarty residents (pictured) enjoyed all the facilities of the Seagull Trust boat. Despite driving rain, spirits were not dampened by the weather, especially when everyone was serenaded with tunes on the accordion while having a nice cup of tea! Thank you to all of our drivers and to the Seagull Trust for their relaxing boating experience. We hope to be able to participate in more cruises next spring and summer.

Carers in the Black Isle

Eilean Dubh Home Care have sent us the following advert:

We are currently expanding our business to cover Cromarty, Avoch, Fortrose, Rosemarkie and Munlochy due to a critical need. We are a family run home care business on the Black Isle looking to recruit Full and Part-Time Carers. Pay up to £15 per hour, mileage allowance, pension, uniform, training. If you are interested in a much-needed, rewarding career, please call us on 07859 795029 or email audrey@edhomecare.co.uk

Community Sharing Larder

The Larder is available to everyone in the community 24/7 and continues to be well-used. If you would like to donate, toiletries would be very much appreciated. Please leave all donations in the donations box next to the Larder cupboard.

Bowling Goes Indoors

Indoor Bowling starts once again in the Victoria Hall on Friday 6th October.

Sessions are twice weekly on Fridays and Sundays 2.00 - 4.00pm.

Bowls can be provided if needed. Gentle exercise for all ages. All welcome.

Transition Black Isle



The TBI Apple press is coming to Cromarty and will be at the Community Market at the Victoria Hall on Saturday 14 October.

Bring your apples for juicing - and bottles to put the juice in! 10.00 till 12.00 Things will go much quicker if you can cut your apples up before you get there.

TBI also has a Pasteuriser for hire if you wish to preserve your apple juice for later use.

More info on juicing & pasteurising is <u>here</u>.

Business Updates

Post Office

Just a reminder that we're closed on Weds October 4 and Weds October 11 then we'll be back to full opening hours as usual. And an advance warning that Christmas will be arriving in the post office over the weekend of November 4/5!

If you're sending any overseas Christmas mail by surface, the last recommended dates are October 2 for non-Europe destinations apart from October 13 for Middle East, Far East and South Africa and October 31 for Canada and the USA. Last surface dates for Europe are in November and all airmail dates are early December.

Cheese House

We are making a series of videos about the different things we've got up to during our time running the cheese shop. These will be available to watch online in the new year. This month we're remembering all the different 'arts' projects we've done. Who remembers the DIY version of 'The Sound of Music'? Did anyone take any 'photos, and do you still have them? (If memory serves there were quite a lot of nuns!)

If you have, and you'd be happy for it to be shared with the world, we'd love to include it our video. Please send to <u>jon@cromartycheese.com</u> or pop into the shop to have a chat.

Calluna

Our accessories for winter have arrived! Scarves, headbands, hats, gloves - a beautiful range of colours and styles. From £14.99. Perfect to start picking up for gifts!

We've launched a new website with lots of our autumn styles at www.callunacromarty.co.uk.

We are offering 10% off your first order to local customers - just enter code EKF7BQA2 - offer valid until October 31st.

Calluna is open daily 10-5pm. Special orders and private shopping appointments can be arranged.

Ingrid's House

We have some wonderful Halloween themed gifts in the shop at the moment including these amazing Bat Baskets, perfect for guising.

Our Christmas open night will be on November 1st, more details to follow.



Cromarty Brewing Co.

With Autum underway we have been working away here at the Brewery on some cooler weather beer stocks. And speaking of cooler we have our new shop fridges so all on site purchases will be chilled and ready to enjoy!

We have had a busy moth with various festivals and events, introducing people to the Cromarty Brewery and seeing familiar faces. We have once again been chosen as the official beer of the Baxter's Marathon this month which takes place on 1st October. Finally, we will be attending the Balmoral Castle Autum Market for Exclusively Highlands on 7th October.

A huge congratulations to everyone who took part in the Cromarty Regatta last weekend, Jenni was there cheering everyone on!! The Yacht Rock Afterparty was also a huge success, held at the Stables, and we were delighted to be asked to provide the beer bar.

We won another gold at CAMRA Scotland and Northern Ireland Awards 2023 in the Specialty Ales Differently Produced Category for our Red Rocker. Red Rocker is our red rye based IPA. Another greatly appreciated award from CAMRA.

Our onsite shop opening hours remain Monday to Friday 10am till 4pm and Saturday 10am till 2pm, closed on Sundays. We are still offering our 'Tasting Today' every Saturday in the shop where visitors can try our beer of the week.

We are getting stocks up of gifts and our merchandise for winter and have a new range of winter bobble and beanie hats in the shop.

Fishertown Inn

We continue to be open 7 days a week and the fire is now well and truly lit!

Our book group has restarted after the summer, the next meeting will be on the 10th of October at 7pm

Our next music session is Thursday the 5th of October and every second Thursday after that from 7:30pm, all welcome.

Save the dates.

Spooky goings on at Halloween, watch social media for details.

Next pub quiz is in aid of RNLI and is on the **4th of November** followed by a Cromarty Cinema quiz on the **9th of December**.

Sutor Creek

We have made the decision to try and remain open 7 days a week until the end of the year (apart from a few days in October to allow our hard-working team some time off). We will be adding to our current lunch (including Cullen Skink and Seasonal Soups) so that there are plenty of light bites.

We have scheduled a couple of Tasting Dinners (first time since March 2020).

Friday 17th November - 6 course Autumn Tasting

Friday 8th Dec - 6 course Festive Tasting

Both £85 per person with optional wine pairing.

Christmas Menu

Book now for your work or family get together- 2 (£35) or 3 courses (£39.95) of beautifully cooked festive food crackers and a glass of fizz, all served in a warm and welcoming environment.

Sutor Creek Closed in October - Sunday 8th, Monday 9th & Tuesday 10th; Saturday 14th & Sunday 15th Closed from 6pm; Monday 16th & Tuesday 17th closed.

Royal Hotel

Autumn has arrived but it's cosy beside our log fires in the Royal, so pop in and join us for coffee, drinks, a light lunch or dinner beside the fire.

Fish & Fizz Fridays are back...

Due to popular demand, we are delighted to offer our Fish & Fizz Fridays throughout October. Fish & chips for two, plus two glasses of fizz for £30. It helps if you book in advance but you are also welcome to just turn up. Available for lunch and dinner on Fridays in October.

Bingo in October...

Bingo is back! Saturday 21 October, 9pm. Join us for dinner in advance to guarantee a table or just turn up and we will find you a seat!

Christmas...

Sorry if it's too early for the "C" word, but our pre-Christmas menu is available for lunch & dinner, from 1-24 December inclusive. Perfect for a catch-up with friends or a night out with colleagues. Please book in advance.

Christmas shopping made easy – our gift vouchers are available for any amount – a perfect gift for that hard-to-buy person in your life! Also perfect for birthdays, anniversaries or just to say thank you.

Coming up...

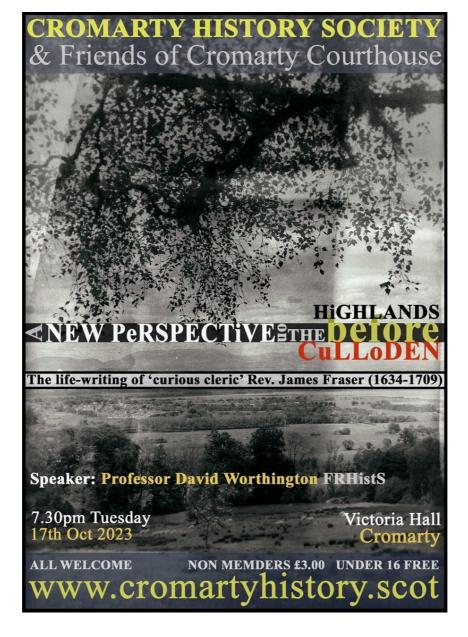
Also coming up are our popular Tasting menus and another Tapas night. Please let us know if you'd like to join our email list to be the first to hear of these events.

Open Wednesday-Sunday from 11am. Lunch 12-2.30pm, dinner 5-8pm.

Coffee, cake & drinks served all day.

Follow us on Facebook & Instagram to keep up with what's happening at the Royal. And if you are organising an event in Cromarty, please let us know so we can share it on our social media to help promote it.

History Society



This talk will interrogate the autobiographical sources left by Rev. James Fraser (1634-1709) of Kirkhill, a Gaelicspeaking scholar, traveller and minister. The entire period between 1493 and 1746 can still sometimes appear enigmatic in the history of the region, but Professor Worthington will highlight a different side that becomes apparent in Fraser's presentation. His talk will focus on his strong engagement with Europe and his entanglement with empire, offering a fresh interpretation of the Highlands in the century before Culloden.

Professor David Worthington is an historian of Scottish (and wider British and Irish) connections with central Europe (c.1500-c.1700). He researches and publishes also on the history of the firthlands of mainland northern Scotland from within a coastal history context. He completed his PhD in the Department of History, University of Aberdeen in 2000, and, prior to taking up his position at UHI, held the following posts: Irish

Research Council for the Humanities and Social Sciences Postdoctoral Fellow at the National University of Ireland, Maynooth (2001-2002); Leverhulme Early Career Research Fellow at the University of Aberdeen (2005-2007); Visiting Professor on two separate occasions at Polish universities, in the cities of Kielce (2004-2005) and Wrocław (2007-2008). On arriving at the Centre for History as a lecturer in July 2008, he led on the development and launch of both the university's first joint honours degree, and was responsible for validating a suite of four online masters programmes in history from 2011-17. Prof Worthington has been head of the Centre since 2011, and was awarded his professorship in 2020.

All welcome and please stay to chat and enjoy a complimentary cup of tea and biscuits at the end of the evening!

Cromarty Arts Trust

October is all set to be another busy month, although things are calming down a bit towards the end of the year.

Stone Letter Carving kicks off in the first week. This six-day intensive course is run by Perthshire based master craftsman Robbie Schneider, and is the only course in Scotland where people can learn or develop this traditional, hand carving skill. We look forward to welcoming people from all over the UK that week.

Crafts this month include a one-day coil basket making class with **Aurore Whitworth**. Aurore is a new tutor to Cromarty, she makes baskets from rope salvaged from the beach as well as using natural plant fibres she collects herself around her croft in Shetland. Her class has sold out already but we are hoping she will come back and run another one next year.

Morag Tweedie is coming back on 21 October for another one-day introduction to print making. We have a few spaces left on that course where you can learn about the various ways of making prints. It's lots of fun, really easy and you get to play with lots of different materials and techniques. It's also a good day if you have done some printing before and want to develop your skills.

We have another new tutor this month for the life drawing weekend over 28 & 29 October at the Stables. **Jana Emburey** is an established artist and tutor based in Granton-on-Spey. She teaches classes in drawing and painting in Grantown on Spey and at Inverness Museum and Art Gallery and exhibits work in galleries in Tain, Inverness, Edinburgh and London. There are only a couple of spaces left and it's suitable whether you're a beginner or have done some life drawing before.

Jazz and classical music are on this month, both up at the Stables. An evening of piano, violin and cello from the **Trio Havisham** on Sunday 8 October. A young trio from London, they are being supported on their first tour of Scotland by the Tunnell Trust and Chamber Music Scotland. They are travelling the whole thing by public transport which must be quite a challenge with a cello. Please come along and support them, they are playing a lovely programme of; Mozart: Piano Trio in B flat major, K502. Shostakovich: Piano Trio No. 2 in E minor, Op. 67 and Beethoven: Piano Trio in E flat major, Op. 70, No. 2.

The jazz evening is on Friday 13 October with **Sophie Bancroft and Tom Lyne**. Sophie and Tom have been playing together for a long time and will bring us an evening of original contemporary jazz-based songs alongside reimagined jazz classics and covers of songs by the likes of Suzanne Vega and Joni Mitchell. As usual all information and booking details are on our website www.cromartyartsrust.org.uk , call 01381 600354 or pop in and see Nicki or Gail at Ardyne during the week.

We are currently conducting a survey that asks you what you want to do and see from the Cromarty Arts Trust. If you haven't already filled it in you can follow this link or pop into Ardyne Monday to Friday lunchtime for a paper copy. It's your chance to let us know what you want! Thank you.

Cinema

Colder darker nights mean it's the perfect time to snuggle up at our cosy community cinema!

October offers plenty of laughs to take your mind off the weather. How about a trip of a lifetime to Lourdes with four Irish women, played by the likes of Maggie Smith and Kathy Bates, in **The Miracle Club**? Or join the Portokalos family as they travel to Greece in **My Big Fat Greek Wedding 3**? Perhaps joining a pack of foulmouthed dogs in outrageous comedy Strays is just the ticket?

If you like a bit of drama added to your comedy, **The Innocent** is a must-see – it's part romcom, part heist drama (yes, really), and it's French! And for those who remember the once-iconic phone, Blackberry will provide the background story of its rise and fall with drama and plenty of laughs along the way.

Ken Loach's latest, **The Old Oak**, is set in a once thriving mining community with one remaining pub struggling to stay open. As Syrian refugees move into the town, the landlord and community have to contend with change. Michael Caine stars in **The Great Escaper**, based on the true story of a World War Two veteran who escapes from his care home to commemorate the D-Day Landings. And if you're in the mood for watching a younger Caine in a masterful performance, you've got to see dystopian classic **Children of Men** on the big screen.

We also have a couple of fantastic documentaries on offer. **Cassius X: Becoming Ali**, is the story of the legendary heavyweight boxer and activist Muhammad Ali, and **Smoke Sauna Sisterhood** takes us to Estonian saunas where women share secrets and create bonds. Plus now's your chance to see the best concert film ever made, Talking Heads' **Stop Making Sense**, on the big screen!

Don't worry, we've not forgotten about Halloween! Join us for the classic that is **Carrie** on the 31st, if you dare...

As always, we look forward to seeing you in October!



CROMARTY CINEMA

October 2023



| Tuesday | 7pm | The Innocent (15) 1hr 38m |
|------------|-----------|---|
| 3 October | | Expect plot twists and genre mashups galore in French romcom heist drama. |
| Thursday | 7pm | My Big Fat Greek Wedding 3 (12A) 1hr 32m |
| 5 October | | Another outing for the Portokalos family as they travel to Greece for a reunion. |
| Friday | 7pm | The Old Oak (15) 1hr 53m |
| 6 October | | Ken Loach directs in hard-hitting drama about Syrian refugees in a Northeast English town. |
| Saturday | 7pm | Strays (15) 1hr 29m |
| 7 October | | Four foul mouthed stray dogs run amock with hilarious results. Will Ferrel and Jamie Foxx voice. |
| Sunday | 3pm | The Old Oak DS (15) 1hr 53m |
| 8 October | | NOTICE AND A STATE OF THE STAT |
| Friday | 7pm | Children of Men (15) 1hr 45m |
| 13 October | | The 2006 dystopian nightmare gets a rerun. Set in 2027, watch it and see what has come true |
| | | Clive Owen and Michael Caine star. |
| Sunday | 3pm | The Great Escaper (12A) 1hr 36m |
| 15 October | 060800000 | Michael Caine again in true story of World War Two vet who escapes from his care home to |
| | | commemorate the D-Day Landings. |
| Friday | 7pm | Blackberry (15) 1h 55m |
| 20 October | - | Canadian comedy drama charting the meteoric rise – and subsequent fall - of the cute phone. |
| Saturday | 7pm | Stop Making Sense (PG) 1hr 28m |
| 21 October | 70 | The iconic Talking Heads concert film – dubbed the best ever made - is 40 years old! Worth it for |
| | | Psycho Killer alone. |
| Sunday | 3pm | The Miracle Club (12A) 1hr 30m |
| 22 October | | Ireland in the '60s - four women win a prize trip to Lourdes. Maggie Smith and Kathy Bates star. |
| Friday | 7pm | Cassius X: Becoming Ali (15) 1hr 30m |
| 27 October | 373 | Documentary chronicles the early years when Cassius Clay becomes world heavyweight legend |
| | | boxer and activist Muhammad Ali. |
| Saturday | 7pm | Smoke Sauna Sisterhood (15) 1hr 29m |
| 28 October | 54555 | Estonian documentary celebrates the age-old ritual of smoke saunas and the women taking part. |
| Tuesday | 7pm | Halloween Film (18) 1h 46m |
| 31 October | 000000 | And this year the Halloween Film is Carrie! Join us if you dare for the classic 1976 Stephen King |
| | | horror starring a luminous Sissy Spacek. |
| | | 7 |

More film info and book online at: cromartycinema.com or at eden-court.co.uk or in person at Cromarty Cinema on Thursdays 12 – 2pm.

Show your support - become a Friend and reduce your ticket price. Visit cromathyingma com or email admin@cromathyingma com

The Cromarty Cinema, Cromarty, IV11 8XZ

And finally...

This newsletter is no longer shared on social media platforms. If you know of people who, as a result, don't get to see it but would like to, tell them to subscribe via the <u>CromartyLive</u> website and they will receive a copy directly into their email inbox - it's free!

- The Editorial Team

Forward

We hope you've found this an interesting and informative read. Please let us know what you think, or send suggestions and ideas for articles via editor@cromartylive.co.uk The deadline for the next edition is always a few days before the end of the previous month.

The Cromarty Live Newsletter team is Jon Palmer, Jeremy Price and Laura Shepherd.

If you have an interest in communication and would like to join the team please get in touch.

The Newsletter is currently sponsored by a private benefactor.

<u>Preferences</u> | <u>Unsubscribe</u>